



SGT UNIVERSITY

SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY

(UGC Approved)

Gurugram, Delhi-NCR

Budhera, Gurugram-Badli Road, Gurugram (Haryana) – 122505 Ph. : 0124-2278183, 2278184, 2278185

Faculty of Physiotherapy
Organized Hands on workshop on dry
needling on
16/4/18



SGT UNIVERSITY

SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY
(UGC Approved)

Gurugram, Delhi-NCR

Budhera, Gurugram-Badli Road, Gurugram (Haryana) – 122505 Ph. : 0124-2278183, 2278184, 2278185

Introduction and need of the day celebrated:

Dry needling is one of the latest technique in the field of Physiotherapy. It is an effective treatment for certain kinds of muscle pain and other musculoskeletal problems. The resource is well trained in this technique so, we organized this workshop so that students can learn the technique and have a basic idea about its clinical implication

Events place and participants: Exercise Lab of Physiotherapy, BPT/ MPT students, Interns and Delegates from outside

Speaker: Dr Kopal Pajnee

Coordinator: Dr. Priyanka Rishi



SGT UNIVERSITY

SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY

(UGC Approved)

Gurugram, Delhi-NCR

Budhera, Gurugram-Badli Road, Gurugram (Haryana) – 122505 Ph. : 0124-2278183, 2278184, 2278185

Activities Undertaken:

Dry needling is the latest technique used in Physiotherapy for management of pain and muscle impairment. Dr Kopal Pajnee MPT Sports, resource person conducted hands on workshop on dry needling. Faculty and students from Physiotherapy as well as delegates from outside also attended and practiced dedicatedly at the workshop in the Physiotherapy department at SGT University. Dr Kopal Pajnee is pursuing PhD from SGT University. He was previously Vice principal at Santosh College OF Physiotherapy, Ghaziabad.



SGT UNIVERSITY

SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY

(UGC Approved)

Gurugram, Delhi-NCR

Budhera, Gurugram-Badli Road, Gurugram (Haryana) – 122505 Ph. : 0124-2278183, 2278184, 2278185

PHOTOGRAPHS:



Figure 1 Felicitation of Resource Person by Dean Physiotherapy, Dr. Joginder Yadav



SGT UNIVERSITY

SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY

(UGC Approved)

Gurugram, Delhi-NCR

Budhera, Gurugram-Badli Road, Gurugram (Haryana) – 122505 Ph. : 0124-2278183, 2278184, 2278185



Figure:2 Resource Person Demonstrating the Technique of Dry Needling



SGT UNIVERSITY

SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY
(UGC Approved)

Gurugram, Delhi-NCR

Budhera, Gurugram-Badli Road, Gurugram (Haryana) – 122505 Ph. : 0124-2278183, 2278184, 2278185



Figure:3 Resource Person Explaining the Procedure of Dry Needling



SGT UNIVERSITY

SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY
(UGC Approved)

Gurugram, Delhi-NCR

Budhera, Gurugram-Badli Road, Gurugram (Haryana) – 122505 Ph. : 0124-2278183, 2278184, 2278185



Figure:4 Resource Person Explaining the Concept of Dry Needling

Reward and Award:

At the end of the workshop all students are rewarded with the certificates signed by the resource person

Conclusion: Dry needling is one of the latest technique in the field of physiotherapy and through this workshop students learnt the basic concepts of the dry needling and have an idea about its procedure and implication on the patients

Name & Signature of Coordinator: Dr. Priyanka Rishi



SGT UNIVERSITY

SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY

(UGC Approved)

Gurugram, Delhi-NCR

Budhera, Gurugram-Badli Road, Gurugram (Haryana) – 122505 Ph. : 0124-2278183, 2278184, 2278185

ATTENDANCE SHEET

Hands on workshop on dry needling

DATE: 16/4/2018

S. NO	NAME OF STUDENT	REMARK
1	POOJA PANCHAL	P
2	POOJA SHRITAVASTAVA	P
3	SHIVANGI SACHDEVA	P
4	MONA	P
5	PREMLATA	P
6	SANA SALEEM	P
7	MAMTA AMOLA	P
8	PREETI YADAV	P
9	SHAIL SACHDEVA	P
10	NIRJHAR MOHANTA	P
11	BASUDEO RAJBHOR	P
12	BHARTI	P
13	DAMANPREET KAUR	P
14	DEEPIKA RANI	P
15	HARI OM	P
16	PRATEEK YADAV	P
17	RUCHI AGGARWAL	P
18	OMANSH BHARDWAJ	P
18	EQRA NIGAR	P
20	REETIKA	P
21	NANCY ROHILLA	P
22	SOMI ALI	P
23	PULKITA SRIVASTAVA	P
24	DIMPLE SONI	P
25	ANKIT GUPTA	P
26	KANNU PRIYA	P
27	MONIKA SINGH	P
28	KHUSHBOO	P
29	RITIKA SUJI	P
30	ARUSHI KANT SAXENA	P
31	SUMIT	P
32	VARSHA	P
33	KUNIKA KHANNA	P
34	YASHIKA YADAV	P
35	KIRTI GUPTA	P
36	BHAWNA	P
37	PARUL SHARMA	P
38	SHWETA	P
39	APARNA SHARMA	P
40	HIMANSHI	P



SGT UNIVERSITY

SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY

(UGC Approved)

Gurugram, Delhi-NCR

Budhera, Gurugram-Badli Road, Gurugram (Haryana) – 122505 Ph. : 0124-2278183, 2278184, 2278185

41	PRERNA PANDAY	P
42	AAYUSHI	P
43	KIRAN DAGAR	P
44	KASHISH	P
45	DEEPAK KUMAR	P
46	GEETA YADAV	P
47	PRIYANKA CHAUHAN	P
48	LAXMI	P
49	SIMRAN	P
50	SAKSHI	P
51	NANCY SHARMA	P
52	MANMEET KAUR	P
53	NAMITA	P
54	NAMRITA GAUTAM	P